



# Grant County

## WIC Facts: FFY 2004

### Infants Born Served by WIC

County..... 76.3%  
Statewide..... 48.6%

### Women, Infants and Children Served

**Total: 8,383**

Infants and children under 5..... 5,962  
Pregnant, breastfeeding and postpartum women.....2,421

### WIC Food Dollar Contribution to Local Economy

WIC Program Food Dollars  
\$3,241,099  
WIC Farmers Market Nutrition Program Food Dollars  
\$23,190

### WIC Families

Working families.....67.2%  
WIC households with at least one working family member

Families living in poverty..... 79.2%  
Percent of WIC clients with income at or below the federal poverty level (\$1,307 per month for a family of 3)

### WIC Nutrition Education Promotes Healthy Choices

Total nutrition education sessions.....22,007

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. And, with the breast pump loan program, helps mothers continue to breastfeed after returning to work or school.
- Helps prevent early childhood caries by screening for early signs of poor oral health, giving parents ideas for healthy snacks and stressing the importance of dental care by age one.



### WIC Attracts Families to Preventive Health Services

WIC referrals..... 45,258

WIC informs families about health related services and provides them with the information and support needed to access them successfully.

\* Maternity Support Services

# *Grant County*

## **WIC Agencies and Sites**

### **Columbia Basin Health Association**

Mattawa  
Othello  
Royal City

### **Colville Confederated Tribes**

Grand Coulee  
Nespelem

### **Grant County Public Hospital District #5, Mattawa Community Medical Clinic**

Mattawa

### **Moses Lake Community Health Center**

Ephrata  
Grant County International Airport  
Moses Lake  
Quincy  
Soap Lake/Coulee City  
Warden

## **WIC Authorized Grocery Stores**

Akin's Foods  
Brownies Korner  
Coulee City Food Center  
Estudillo Food Store  
LeReKon Mart  
Mattawa IGA  
Food Pavilion

Quincy Market  
Royal City Harvest Foods  
Safeway  
Sandoval's Market  
Spuds II, Inc.  
Town & Country Market  
Wal-Mart Supercenter

## **WIC Authorized Farmers Markets**

Columbia Basin Farmers Market  
Ephrata Farmers Market